



# WOMEN'S HEALTH ADVANTAGE

## FOOD SAMPLES

### Breakfast



Bacon & Cheese  
Omelet



Chocolate Chip  
Pancakes



Cinnamon Vanilla  
Cereal



Cocoa Cereal



Maple 'n' Brown  
Sugar Oatmeal



Peaches 'n' Cream  
Oatmeal



Honey Nut Cereal



Apple Cinnamon  
Oatmeal



Blueberry  
Pancakes

### Lunch



Beef with Pasta



Chicken with Pasta



Cream of Chicken



Cream of  
Mushroom



Vegetarian Chili  
with Beans



Cream of Broccoli  
Soup



Cream of Tomato  
Soup

### Dessert



Double Chocolate  
Pudding



Chocolate Fudge  
Chip Biscotti



Almond Chip  
Biscotti

## Protein Bars



Caramel Nut



Chocolate Mint  
Crispy Bar



Peanut Butter  
Crispy Bar



Caramel Crunch Bar

## Snacks



Barbeque Chips



Salt & Vinegar  
Chips

## Beverages



Amaretto  
Cappuccino



California Strawberry  
Shake/Pudding



New York Cheesecake  
Shake & Pudding



French Vanilla  
Shake & Pudding



Irish Cream  
Hot Chocolate



Lemon Razzy  
Fruit Drink



Marshmallow  
Hot Chocolate



Swiss Chocolate  
Shake & Pudding



Proticcino



Pineapple Orange  
Fruit Drink



Wild Berry  
Fruit Drink



Peach Mango  
Drink Mix



Strawberry Banana  
Smoothie



Vanilla  
Cappuccino

## Liquid Concentrates



Pink Lemonade  
Fruit Drink



Orange  
Fruit Drink



Cran Grape  
Fruit Drink