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Hysterosalpingogram

Definition:

Hysterosalpingogram (HSG, salp, or dye test) is an X-ray procedure in which a radiopaque dye is injected into the uterus and observed by X-ray as the dye flows through the uterus and fallopian tubes. This test is done to determine if there are structural abnormalities of the uterus or tubes, if the fallopian tubes are open and to observe for any other abnormal findings.

Caution: This test should not be done on anyone who has an allergy to iodine or X-ray dye.

Arrival date/time: _____ Facility _____

Stop eating /drinking 4 hours prior to procedure _____

Other considerations: No barium studies 5 days prior to procedure

You will need to bring a list of medication you are taking.

We suggest you bring a pad to wear home.

No intercourse from the start of your menstrual period until after procedure

Fill the antibiotic prescription provided and start the night before the procedure

Before the Procedure:

Call the office with the onset of your menstrual period to schedule your HSG. The HSG is scheduled on day 7-11 of your cycle in the X-ray department. It is important that this test be done prior to ovulation and after your menstrual flow is completed. If you are having this test done for Essure confirmation and do not have regular menstrual periods, abstain from intercourse for 2 weeks prior to the HSG and expect a pregnancy test to be done on the day of your procedure.

The HSG may cause cramping as the procedure is being done. You may take two Extra Strength Tylenol or two Ibuprofen 200 mg. approximately one hour prior to the procedure. These medications may also be used for any discomfort you experience after the procedure. Please notify the nurse if you have any medication allergies, are breastfeeding, or if you have a history of pelvic infection.

Procedure:

You will be lying on an X-ray table. Just as for a Pap test, a speculum will be inserted into the vagina. A narrow tube is inserted through the cervix into the uterus and the dye is instilled. The dye is visualized as it fills the uterine cavity and spills through the fallopian tubes. You may experience cramping while the procedure is being done. The physician will explain what he/she sees and review the results with you.

During and following the procedure some women experience flushing and a pounding sensation in their head. This can often be avoided by continuing to lie flat for a few minutes after the procedure is completed. If you feel faint after standing up, sit or lay down immediately.

Contact our office through the internet patient portal at www.heradvantage.com , by phone during office hours , or the Physicians' Answering Service at 260-399-3922:

1. If you have a fever over 100 degrees.
2. If you have persistent pain.
3. If you have unusual or foul smelling discharge.

There will be a fee charged by our office, the X-ray department of the facility, the radiologist and possibly other fees. Please check with your insurance company to see if any pre-certification of this procedure is necessary. Please document the phone number you call, the person with whom you speak and what information they give you.